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FEBRUARY 2001



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# Delhi Network

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Office Manager	Sandra Buhler (Office 679-1234 ext. 1505)	614-3115
Programs/Social	Jackie van Ommen Symran Wasser	680-2136 9810092725

Delhi Network is a non-profit organisation whose main purpose is to support the expatriates living and working in New Delhi. Everyone on the Board and the committees volunteer their time.

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Hello everyone,

On my visit to Thailand the Chinese New Year was celebrated, it was a very colourful and happy occasion, Hopefully the article on this festival will interest you as it did me, apologies to our Chinese members if the facts are not quite right!!

A great big  
the Newsletter



thank you to Sue for taking over  
in my absence.

The next Delhi Network meeting on March 20th is a very important one; this is where members elect their Executive Committee for the coming year,  
**PLEASE TRY AND MAKE IT.**

Please give a big thank you to Laura Jorgensen and Shelley Tate who have kindly offered their help in producing this news letter.

Kathy .

## DEADLINE for March issue:

9th March for articles and notices etc:

For Advertisements February 28th.

Thank you

Delhi Network meetings are held on the third Tuesday of every month at 10 a.m. at the Hyatt Regency Hotel. Entrance to a meeting is Rs 150 for members and Rs 200 for non-members. Annual membership is Rs 300. You can become a member at any monthly meeting or at the Delhi Network office.

Delhi Network Handbooks are available for purchase at all meetings or at the office: cost Rs 300 for members and Rs 400 for non-members.

The Delhi Network office is located in the Hyatt's Shopping Arcade. The Office Manager is Sandra Buhler. Office hours are 10 am to 2 pm, Monday to Friday. Stop in for free advice, a newsletter or a Delhi Network Handbook if you missed the last meeting, or to drop off your newsletter contributions. We are seeking volunteers to work in the office. If you're interested (and it is a good way to meet new people), contact Sandra.

Delhi Network does not necessarily endorse or recommend the businesses advertised in this newsletter and the Board claims the right to refuse any advertisers who have had several complaints made against them by our members.



# From Your President



My first thought today is of the earthquake in Gujarat and of the people who survived for although death is a terrible thing we have to think what can be done for those who are trying to stay alive and have lost all they have ever owned.

Most companies have sent aid I know and many of us have given donations when asked, this disaster will take many months to overcome and will be remembered for a very long time to come.

Moving on, as we must, to a more light-hearted subject, how many of you went to the Fashion Show, it was a good morning wasn't it, enjoyed by everyone. As one of the participants of

the show I must say we all felt we'd like to do it over again, nothing like swanning around on a catwalk being applauded to send your self worth soaring. Having said how well it all went we mustn't forget the behind the scenes people, Susan and Nora, who helped with the dressing and were very strict about 'no rings, watches, bracelets etc.' this was to protect against damaging the garments when putting them on. Christine Evans, who was the main 'Controller' and her sister Jan, and also thanks to the make up artists, who in my particular case had a fair job on her hands. Finally having had a word with our Vice President, Jeannine who was photographer for the day, on my behalf. She had the pleasure of a young man sitting at her table, who just by chance came to the show, his wife was unable to make it, due to work commitment and had given him the ticket, he was very impressed by the whole thing.

I would like to remind you all that at the March monthly meeting it will be time to vote for the new committee so please try to attend, that way you will be able to see first hand whose who in the new line up for the year 2001.

Finally I would like to say how sorry we all are to hear of the loss of David Robinson, many of us know Mary and her son Matthew. Our thoughts and condolences go out to them at this very sad time.

**Brenda**

## **INTRODUCING THE WONDERFUL DELHI NETWORK MEMBERS WHO HAVE VOLUNTEERED FOR THE 2001 EXECUTIVE COMMITTEE**

**Jeannine Grant,** Candidate for President

Currently Jeannine is our Vice-President, and needs no introduction to most of the members. She has already proven her excellent organisational skills, and her terrific sense of humour under all circumstances!

**Bridget Edwards,** Candidate for Vice—President

**Philippa Fuller,** Candidate for Secretary

**Wei Lan,** Candidate for Treasurer



Neighbourhood Co-ordinators			Support Groups by Nationality
Your co-ordinator is here to help you settle into your new home. Give her a call and introduce yourself and find out who else lives in your area and when the next meeting is going to be held.			<p><b>American Women's Association (AWA):</b> American passport holders or their spouses can join. Call the AWA office at 419-8000 ext. 4131 or 8509 between 9 am and 4.30 pm Mon-Fri. Talk to Barnali or an AWA officer.</p> <p><b>Australia and New Zealand Association:</b> Call Christine Evans on 687-6605 or Ingrid Crookshanks, 680-4586</p> <p><b>British Expats Group:</b> Contact Sylvia Johnson on 460-3851.</p> <p><b>Nederlandse Vereniging New Delhi:</b> Organiseert diverse evenementen en een maandelijks borrel. Als je lid wilt worden, of gewoon informatie wilt, Wilbert Husselman op 465-4048 (res), of Patrick Anthonio, 680-7900</p> <p><b>NORA (Nordic Association)</b> Contact names: Eva Dieden (Sweden) 687-5760. Anne Laipil (Finland) 614-4602 Kirsten Callinggaard (Denmark) 689-2401</p> <p><b>Dutch Speaking Community</b> Coffee Morning the third Wednesday of each month Contact Sari Roels: 688-7889</p> <p><b>CHATTAPUR Chatters</b> Neighbourhood coffee morning every first Monday of the Month. Contact: Sue Kalirai 680-5672 Or 98101-62272.</p>
AREAS	CO-ORDINATOR	PHONE	
Vasant Vihar/ Vasant Kunj	Nora Twycross	612-2318	
West End/Shanti Niketan/ Anand Niketan/Aradhana Enclave/Safdarjung Enclave	Vacant		
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New Friends Colony/ Friends Colony East/ Friends Colony West Maharani Bagh	Trudy Brasell-Jones	632-3422	
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Chattarpur/Jonapur/Gadaipur	Susan Kalirai	680-5672 98 101 62272	
Bijwasan/Rajokri/Surpriya Vihar Gurgaon	Alicia Odedra	506-4777	
For more information, please contact Jackie van Ommen on 680-2136.			

**Please, we need your contributions for the newsletter. Send them to Kathy Pritchard at pritchard@vsnl.com or Shelley Tait at taitd@ndf.vsnl.net.in**  
**Thank you**

**THERE ARE STILL 2 VACANCIES FOR A NEIGHBOURHOOD LEADER. IF ANYONE WOULD LIKE TO VOLUNTEER , PLEASE CONTACT JACKIE VAN OMMEEN OR BRENDA BEARDS FOR MORE INFORMATION.**



**Mrs. Rita Khaftar**  
Tel.: 91-11-6801166

**Ms. Pam Kapoor**  
Tel: 91-11-683 2394

**Dr. Naresh Trehan**  
Tel: 91-11-682501 0



## APPEAL

Insaniyat is an endeavour to reach out to all those who have been effected by National Calamity. All contributions will be taken to Gujarat by the coordinators, Mrs. Rita khatter/ Mrs.Pam Kapoor/ Dr. Naresh Trehan and delivered personally.

This appeal is made to every human who is interested in helping the displaced people in Gujarat. People are facing a lot of problems in respect of shelter, clothing, bedding, food, water and medicines etc. Medical facilities are meagre and diseases like gastroenteritis viral, hepatitis etc are common because of water & air pollution.

On humanitarian grounds we appeal to the voluntary organizations, NGOS, Industrialists and people working for the uplift of human beings to donate generously and help us in this hour of crisis.

We look forward to getting positive responses from every one.

Contributions are welcome in cash or kind. All contributions through cheques or cash will be entitled for deduction u/s 80-G of the 'income tax act. 1969.

S.NO	ITEMS REQUIRED	S.NO	ITEMS REQUIRED
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Dr. Naresh Trehan  
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Research Center, Okhla Road,  
New Delhi 11 0025

Or contact Jackie van Ommen

Empire Estate, MeheULI Gurgaon Road, Sultanpur, New Delhi—110030



# Dates for Your Diary

**Tuesday 20th February**

## **Delhi Network Meeting**

Hyatt Regency Hotel  
10 AM Meeting

Speaker: Dr. Stephen Roy .  
Subject: Restoration of Dr Shroff's Charity Eye hospital in Daryegni, Delhi



**Tuesday March 20**  
*(Please attend—this is our AGM)*

## **Delhi Network Meeting**



Hyatt Regency Hotel 10 AM Meeting  
Speaker: Gita Kapoor  
Subject: Chinese art of *Feng Shui* of which she is a Master. Come and find out about how you can get balance into your life.

**Wednesday February 21<sup>st</sup>**

Coffee Morning for Dutch-speakers  
Call: Sari Roels 688-7889 for details

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**Thursday March 22nd**

Venue: Hall of Peace (Middle School Multi purpose room).  
American Embassy School. Entrance-gate # 2.  
Time: 7.30-9.00pm.  
Speaker : Dr. Jutta Jain-Neubaur.  
Topic :  
The Step wells of Gujarat (slide presentation)

**Tuesday February 27<sup>th</sup>**

Delhi Network Newcomers Coffee Morning  
Hyatt Regency  
10am – 12 pm

**Wednesday February 28<sup>th</sup>**

**"Odissi Classical Dance Performance"**  
Performed by Sharon Lowen.  
Venue: Habitat Centre. 7 p.m.  
Sharon is a professional dancer and a teacher at the American School and will be presenting our program in April.

**BLACK TIE AND BOOTS**

**March 31st**

**DCWA END OF YEAR BALL**

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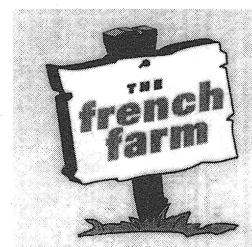
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IF

If you can keep your head when all about  
you are losing theirs and blaming it on you,  
If you can trust yourself when all men doubt  
you, but make allowance for their doubting  
you

If you can wait and not be tired of waiting,  
or being lied about, don't deal in lies, or being  
hated, don't give way to hating, and yet don't  
look too good, nor talk too wise:

If you can dream - and not make dreams  
your master;

If you can think - and not make thoughts  
your aim;

If you can meet with Triumph and  
Disaster and treat those two impostors just  
the same;

If you can bear to hear the truth you've spo-  
ken twisted by Knaves to make a trap for  
fools, or watch the things you gave your life  
to, broken, and stoop and build 'em up with  
worn out tools:

If you can make one heap of all your winnings  
and risk it on one turn of pitch-and-toss, and  
lose, and start again at your beginnings, and  
never breathe a word about your loss;

If you can force your heart and nerve and sinew  
to serve your turn long after they are gone, and  
so hold on when there is nothing in you except  
the Will which says to them: "Hold On!"

If you can talk with crowds and keep your vir-  
tue, or walk with Kings - nor lose the  
Common touch,

If neither foes nor loving friends can hurt you,  
If all men count with you, but none too much;

If you can fill the unforgiving minute with sixty  
seconds worth of distance run,

Yours is the Earth and everything that's in it,  
and - which is more -  
you'll be a Man, my son!

Rudyard Kipling

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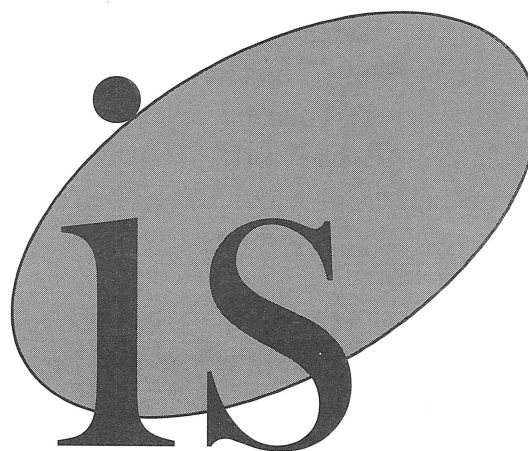
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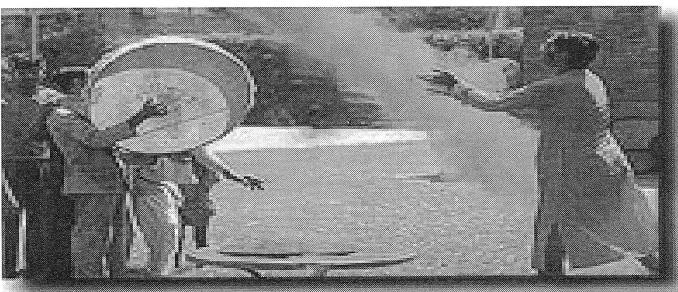
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## COLOURS OF INDIA HOLI

**Holi** - from its mythological past to its present. The festival of Holi actually starts the night before with a bonfire made up of all the dried leaves and branches left through the winter. It is a way of clearing these and making way for spring. Metaphorically though, the fire is meant to signify the destruction of evil - the burning of the 'Holika' - a mythological character. The heat from the fire is also a reminder that winter is behind and that the hot summer days are ahead. The following morning begins with worshipping Krishna by lovingly smearing his idol with 'gulal' - the colours used to play Holi. This is a festival that is as much a gateway to celebrate the arrival of spring as much as it is a way to celebrate the season of love. Krishna is the ultimate lover with his 'gopikas', who are a bunch of beautiful women that Krishna forever seems to be chasing. And yet this icon of love spends most of his time seeking out his only lover Radha. So Krishna's love is the epitome of the freshness of youth amidst all its playfulness. Without Krishna and his lover Radha there can be no Holi. Krishna's mythological presence in Holi is undisputed. It is said that the festival is also a celebration of the death of Pootna - the demon who nearly killed Lord Krishna. The effigy of Pootna burnt the night before, therefore, ends up signifying death itself just as Pootna typifies winter and darkness.

There are more stories. This is the one about Holika who believed her to be immune to death by fire. And yet when she questions her nephew Prahlad's devotion to the ultimate of Gods, Vishnu and threatens to walk through fire with the intention to destroy the prince, the fire herself consumes her whereas the prince comes out unscathed. This is the Holika that is burnt the night before Holi as the triumph of the good over evil. This is where the celebration with colours comes in. Holi is supposed to be an exuberant show of goodwill and cheer. The riot of colours follows revelry of



colour play - quite unmatched in its boisterousness and takes place amidst the sprinkling or the shower of coloured powder. And when this is combined with water it is anything but a damp squib. Everybody is welcome and everybody is pardoned for his or her revelry.

Holi representations what we do on holi.

Holi goodies Holi takes on different images and flavours across the country. While the bonfire is burnt everywhere, Krishna and Radha are courted mostly in Eastern India and along the eastern coast of Southern India in Tamil Nadu. Then there is the 'ride of the King' that is celebrated in the Western state of Gujarat, in Central India and in the tribal forests of Eastern India



This is a rite of passage where the King (an imaginary one) is paraded through the village and lampooned. Perhaps a way of pressure-release by the King's subjects (again imaginary). And a story reflecting of repression and repeated quite inescapably and endlessly around the world. In the North Western state of Rajasthan, Holi is an occasion for tournaments wherein horsemen pelt each other with pellets filled with colour. Along the coastline of Maharashtra, which is a western state bordering the Arabian Sea, the men and women get together in a special dance that is meant to provide them with a release for all their repressed feelings, needs and desires. This is done by these people uttering sound through their mouths, made peculiar by the striking of their mouths with the back of their hands. This is for them an occasion for 'Bombne' (yelling to one's heart's content).

In Punjab, which is northern India its people hold wrestling tournaments, while at the other end of the spectrum of activity, virgins from Gujarat on India's west create images of their Goddess 'Gauri' out of the ashes left by the bonfire of the night before. Conceivably, not the last variation of Holi is played along India's eastern state of Orissa that straddles the Bay of Bengal. Here married women carefully sweep away the ashes of the bonfire, to mark the spot with drawings made out of a paste of powdered sundries rice and water.

Holi's cultural affinity with West's Halloween, Thanksgiving and Christmas. Holi is a play of colours celebrated amidst riotous mirth and merriment, just as Halloween is. The impossible attires worn at Halloween are delightfully significant of man's continuing efforts at recreating new identities, just in the way that obliteration of identities are carried out at Holi through the smearing of the colours. Holi is also reminiscent of Thanksgiving and Christmas inasmuch as all these festivals are celebrated with one's own kith and kin - never with strangers. After all, people all over the world cherish the same dreams and desires, no matter how narrow or broad the boundaries.



### What do we do on the day of Holi

Smearing colours on friends and dear ones is the basic idea of Holi, no one is spared. Both the young and the old enjoy throwing water balloons, dry colours, and washable dyes on anyone in sight on the day of the holi. We go around in streets, with tin drums, armed with tonnes of colours and big syringes filled with coloured water. And at the end of the day no one will even remotely resemble themselves.





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## Jan. 24th, 2001 Year of the Golden Snake

Gung Hey Fat Choy

### "Wishing You Prosperity and Wealth"

The Chinese New Year does not fall on the same date each year, although it is always in January or February. The Chinese New Year is an important celebration all over the world. There are similar celebrations in Japan, Korea, and Vietnam known as the Lunar New Year or the Spring Festival.

In the past the current emperor determined the start of the New Year. Today celebrations are based on Emperor Han Wu Di's almanac. It uses the first day of the first month of the Lunar Year as the start of Chinese New Year.

Legend tells of a village in China, thousands of years ago, that was ravaged by an evil monster one winter's eve. The following year the monster returned and again ravaged the village. Before it could happen a third time, the villagers devised a plan to scare the monster away. Red banners were hung everywhere; the colour red has long been believed to protect against evil. Firecrackers, drums, and gongs were used to create loud noises to scare the beast away. The plan worked and celebrations lasted several days during which people visited with each other, exchanged gifts, danced, and ate tasty comestibles. Celebrations today are both literal and symbolic. Spring cleaning is started about a month prior to the new year and must be completed before the celebrations begin.

Typically red packets with money tucked inside are given out as a symbol of good luck. The amount is usually an even number as odd numbers are regarded as unlucky.

Lions are considered to be good omens. The lion dance is believed to repel demons. Each lion has two dancers, one to manoeuvre the head, the other the back. During the New Year celebrations people do not fight or be mean to each other, as this would bring a bad, unlucky year. Everyone celebrates their birthday this day as well and turns one year older.

Foods during the holiday hold symbolism as well. Typically red meat is not served and one is careful not to serve or eat from a chipped or cracked plate. Fish is eaten to ensure long life and good fortune. Red dates bring the hope for prosperity, melon seeds for proliferation, and lotus seeds means the family will prosper through time. Oranges and tangerines symbolize wealth and good fortune. Nian gao, the New Year's cake is always served. It is believed that the higher the cake rises the better the year will be. When company stops by a "prosperity tray" is served. The tray has eight sides (another symbol of prosperity).



The tray is filled with goodies like red dates, melon seeds, cookies, and New Year Cakes.

### Celebrate the Year of the Golden Snake

The Chinese Calendar is based on the cycles of the moon. The start of the New Year begins anywhere from late January to mid-February. A complete lunar cycle takes 60 years. It is composed of five cycles

that are 12 years each. Each 12-year segment is named after an animal. According to legend Buddha called all the animals to him before he departed from earth. Only twelve came and as a reward to them he named the years after them in the order they arrive (the order is listed below). It is believed the animal ruling of the year you are born affects your personality and "it is the animal that hides in your heart".

Furthermore, the Chinese Calendar uses the stem-branch system. The branches are the 12 years. There are ten stems that are used in the counting system. The stems are metal, water, wood, fire, and soil; each having a yan and a ying side. There are a lot more intricacies in the system but you should also know that the elements correlate to colours. Metal=white or golden, water=black, wood=green, fire=red, and soil=brown.

When you put all of this together you end up with the following:

2000 is the Year of the White or Golden Dragon

2001 is the Year of the White or Golden Snake

2002 is the Year of the Black Horse

2003 is the Year of the Black Sheep

2004 is the Year of the Green Monkey

2005 is the Year of the Green Rooster

What's your sign?

Rat	1924	1936	1948	1960	1972	1984	1996
Ox	1925	1937	1949	1961	1973	1985	1997
Tiger	1926	1938	1950	1962	1974	1986	1998
Rabbit	1927	1939	1951	1963	1975	1987	1999
Dragon	1928	1940	1952	1964	1976	1988	2000
Snake	1929	1941	1953	1965	1977	1989	2001
Horse	1930	1942	1954	1966	1978	1990	2002
Sheep	1931	1943	1955	1967	1979	1991	2003
Monkey	1932	1944	1956	1968	1980	1992	2004
Rooster	1933	1945	1957	1969	1981	1993	2005
Dog	1934	1946	1958	1970	1982	1994	2006
Boar	1935	1947	1959	1971	1983	1995	2007



# Something to do

## Adult Education

**The American Embassy School offers evening courses.**

**Contact the school for current programme/fees. Tel: 611-7140 or 611-7146.**

**Spring session: Feb./March.**

**Fall session: September**

## Aerobics

Mandy Dakin has been teaching aerobics for the last 10 years. Trained in London, she spent the last 7 years teaching a variety of classes in a large chain of gyms based in 'the city' of London. Her aim is to make fitness fun and accessible to all. She is now teaching at the following times and venues:

Mondays at ACSA

6 – 7 pm

(Aqua Aerobics)

Tuesdays at ACSA

9 – 10 am

Wednesdays ACSA 6—7 pm

(Aqua Aerobics)

Tuesdays at the British High

Commission 6.15 – 7.15 pm

Thursdays at ACSA 9 – 10 am

Thursdays at the British High Commission 6.15 – 7.15 pm

All classes are a mixture of mainly low impact and high impact moves followed by toning for the legs, abdominal, butt and upper body.

Tuesday evening's class at the BHC is body conditioning only. She hopes to begin aqua classes shortly. For further information call Mandy on 614-5818. Please bring water and a mat to the class.



## Bridge

Ex-pat Bridge Group that meets on Mondays is looking for keen bridge players to join:

Call: Lynn Baynman 6877489

Rekha Sarin 684 0964

Annette O'Silva 506 4512



## Babies and Toddlers

To all Mums – feeling lonely, need a chat, or the kids are driving you up the wall? Call for social meetings for Mums and little kids, Ingrid Crookshanks on 98110 93622 or Manju Isaacs 649-1397.

## Dance and Fitness Centre

In a superb wooden-floored studio near Lodhi Gardens, 21/A Amrita Shergill Marg. Classes include stretch, body toning, modern dance, jazz dance, aerobics and personalised fitness. Call Anne Devayani 463-6772.

## DCWA

Delhi Commonwealth Women's Association is an international group which runs various social events as well as a clinic for the poor. They are always looking for items for the pharmacy. Call Amina Singh on 614-5986 or 614-6023 for details.

## Delhi Christian Fellowship

Every Sunday at 9 am there is a church service at the Hyatt Regency Hotel with a Sunday School for children during the service plus bible study and a youth group.

## French Lessons

By a French national and graduate of Sorbonne-Paris University. Beginners or advanced levels. Call Anne Chaymotty-Devayani on 463-6772, fax 463-3404

## French speaking

Groupe Francophone de Delhi. All French speakers welcome (whatever your nationality, whatever your level). This group runs an extensive range of cultural events, tours, lectures and get-togethers. Call Hélène Cazalet on 464-3682.

## German

## Conversation Group

If you like speaking German, (any level) and want to keep up or deepen your knowledge, please join us. We meet every 2nd Monday at 3 pm. For information call Karin Weselscheid on 612-3405 or Brunhilde Gupta on 696-2708.

## Glow

The Global League of Women is an organisation which promotes international friendships and understanding of different cultures. Call Serita Kakar 461-9627 for details.

## Hindi Lessons

Chaya Bhattacharya is a qualified tutor and is also willing to teach on the Bhagvad Gita. Call 462- 4704.

## Indian Cookery

Amita Khosla will teach you how to produce authentic Indian meals using ingredients available in the West. Call 469-2544 mornings.

## **Mah-Jong and Canasta Classes**

Lessons with Risham Chawla, 2-4pm on Wednesdays at N-21 Panchshila Park.

Costs Rs 250 per session for a four-session course. Proceeds go to charity. Call 649-7025.

## **Naviyoti-Delhi Police Foundation Piano Lessons**

Runs a school and nursery in a slum area at Yamuna Pushta. Volunteer nurses, health and nursery workers are needed. For more information please contact Pamela Anderson on 410 3873

## **Needlenuts**

Group meets Thursday 10.00-12.00 in different homes each week. Come and go as you please, work on what you like. Call Lynn Moss on 621-5065



## **Newcomers**

Every Tuesday, 10-12 am, in Boardroom 2 at the Hyatt, to the right of the Ballroom, for an informative get-together over coffee and cakes. Oldies are also welcome to share their experiences.

## **Patchwork & Quilting Group**

Meets every Monday morning, 10 am to 12 mid-day. Beginners welcome! Contact Phil Thomas on 506-5569.



## **Piano Lessons**

American concert pianist Roberta Swedien has 28 years teaching experience and is giving lessons in her Defence Colony music studio. These lessons can include music history, theory, composition, form and analysis and performance as well as technique and repertoire. For intermediate and advanced students only. Call Roberta for details on 461-0918.

## **Tushita Meditation Centre**

Women's spiritual development group, which meets every Wednesday at 10.30 am. They organise healing workshops on yoga, Reiki, tai-chi, etc. Teaching by Buddhist lama. Call Renuka Singh on 651- 8248 for details.

## **Scottish Country Dancing**

Thursdays 8 pm in the British High Commission hall. Don't worry if you have two left feet! Contact Maureen Sachdev 463-3658 Ext. 207

## **Silk Painting**



An introduction to silk painting. Learn the basic techniques using water based paint. Minimum time needed would be five mornings only. Instruction can be given in French, Dutch or English. If interested, please call Sylvie Kuenzi, phone 463-3644.

## **Spanish Lessons**

Instituto Hispania offers classes in Spanish language, following a communicative methodology derived as a result of extensive number of studies in the field of teaching Spanish as a foreign language. The teachers are Spanish nationals as well as postgraduates from leading Indian and Spanish universities. Y-10 Green Park, behind McDonalds, phone 696-8016, 8043

## **UNITED Nations Women's Association**

Offers a varied programme of informative and social activities, and supports a kindergarten for under-privileged children. For details call Nala on 615 3804 or Violetta on 696 4637

## **Yoga**

User Friendly Hatha Yoga Mansoor and Susie Roy teach at Tushita Buddhist Centre. Manoor is an International teacher with many years of experience in guiding students both in the practice of Yoga and meditation. Both Manoor and Susie teach the tradition of Swami Sivananda and Swami Vishnudevananda. Private and group classes can be arranged. Please call Susie Roy 4652581



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## THE GOOD TIMES?

One evening a son was talking to his father about current events

He asked what he thought about the shootings at schools, the computer age, and just things in general?

The dad replied, "Well, let me think a minute ... I was born before television, penicillin, polio shots, frozen foods, Xerox, contact lenses, Frisbees and the pill. There was no radar, credit cards, laser beams or ballpoint pens. Man had not invented pantyhose, dishwashers, clothes dryers, (clothes were hung out to dry in the fresh air) electric blankets, air conditioners, and he hadn't walked on the moon.

Your Mom and I got married first -and then lived together. Every family had a father and a mother. Until I was 25, I called every man older than 1, 'Sir' and after I turned 25, I still called policemen and every man with a title, 'Sir.

In our time, closets were for clothes-not for coming out of.

Sundays were set aside for going to church as a family, helping those in need, and visiting with family.

We were before gay-rights, computer dating, dual careers, day-care centres, and group therapy. The Ten Commandments, good judgment, and common sense governed our lives. We were taught to know the difference between right and wrong and to stand up and take responsibility for our actions.

Serving your country was a privilege; living here was a bigger privilege

We thought fast food was what people ate during Lent.

Draft dodgers were people who closed their front doors when the evening breeze started.

Having a meaningful relationship meant getting along with your cousins.

Time-sharing meant time the family spent together in the evenings and weekends-not purchasing condominiums.

We never heard of FM radios, tape decks, CDs, electric typewriters, yoghurt, or guys wearing earrings. We listened to the Big Bands, Jack Benny, and the President's speeches on our radio. And I don't ever remember any kid blowing his brains out listening to Tommy Dorsey.

The term 'making out' referred to how you did on your school exam.

Pizza Hut, McDonald's, and instant coffee were unheard of. We had 5 & 10-cent stores where you could actually buy things for 5 and 10 cents.

Ice-cream cones, phone calls, ride on a streetcar, and a Pepsi were all a nickel. And if you didn't want to splurge, you could spend your nickel on enough stamps to mail 1 letter and 2 postcards

You could buy a new Chevy Coupe for \$600, but who could afford one? Too bad, because gas was 11 cents a gallon. -

In my day, 'grass' was mowed 'coke' was a cold drink, 'pot' was something your mother cooked in, and 'rock music!' was your grandmother's lullaby?

'Aids' were helpers in the Principal's office, 'chip' meant a piece of wood 'hardware' was found in a hardware store, and 'software' wasn't even a word.

And we were the last generation to actually believe that a lady needed a husband to have a baby.

No wonder people call us "old and confused" and say there is a generation gap..... and I am only 59 years old.

Food for thought is it time that has changed or we???

From a friend in USA  
KP



# Notice Board

February 2001

Dear Delhi Network members,

Hello from the American Women's Association!

Just a quick note to thank all of you who have volunteered at our Domestic Staff Registry (formerly Servants' Registry) this past year. As you know, the Registry's goal is to help *any* expatriate find suitable staff for their tenure in Delhi. Please remember to register your staff before leaving Delhi and write an accurate accounting of your experience. If you are just arriving, please consider volunteering a few hours a week or each month to this worthwhile endeavour. It's really easy and actually quite fun and interesting. Our office (Gate D on American Embassy Compound) is open for Registry business on Wednesday, Thursday and Friday mornings. Come by and we'll show you the ropes. Don't forget to bring your passport for entry.

May I also remind you that our Thrift Shop is always in need of any household items, toys, cosmetics, appliances, clothes and shoes. All proceeds benefit numerous grass roots NGOs in Delhi. **Don't forget us when you do your spring cleaning or pack up to leave!**

Many thanks.

Janet Golden,  
DSR Chair and Thrift Shop Co-Chair

Delhi Network: Has a tea service for 24,  
available for members to borrow— inquire  
at the office

## WANTED - USED CAR

We are looking to buy a car from anyone who may be leaving India soon. Any make or model will be considered as long as it has been well maintained. If you or someone you know can help, please call us on # 563 4011 or mobile # 98 112 06048, or email us on: [bhickey@vsnl.net](mailto:bhickey@vsnl.net)

Many thanks,

Brenda hickey & Matthew Jowett

As we are moving to Anand Niketan and we need a few things:

1. A stove, with 4 burners, oven, broiler, ideally white and 2 foot wide.
2. 2. Lamp shades, largish, off-white plus table 7 floor lamps.
3. 3. Floor coverings 4. Window coverings

If you can assist, please contact  
John & Vidhu Burza,  
Tel: 220 9129

Vidhu Ganjoor & Buzz Burza have written a book for oriental carpets and Kashmiri shawls, especially for AWA & Delhi Network members.

A copy is available to see at the Awa Library.

Price Rs 150

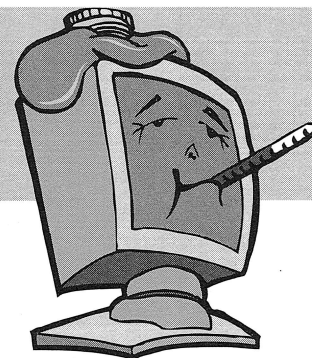
Contact 220 9129 or 223 0915

## **This may be of interest .....**

Tanishq, jewellers in South Extension, have a special old gold deal on now. They will take your old gold pieces (no stones), melt it down (in front of you which is interesting in itself), weigh it, check for purity, and tell you the value. If you want to "spend" it there on their jewellery, they will take a 5% charge off the value and you get to "spend" the rest. If you don't want anything they have, you can pay Rs. 130 for the melting charge, and off you go with a little nugget of gold. So any old chains, or rings, etc, which you have hanging about but may not care for, for whatever reason, you can convert into new jewellery almost instantly. Naturally, if you select items which are more expensive than the value of your nugget, you can pay the difference. This deal was meant to end in January, but it is being extended to March 31st.

Rhonda Williams

## COMPUTER PAGE.



### Easy Reading

Have you ever been to a web page that had dark text on a dark background? It happens. Sometimes a background doesn't load right — and sometimes it just a bad design.

Well, next time that happens to you, hit CTRL-A.

All the text on the website will be selected (highlighted). The selection color is normally blue with white text. Much easier to read then, say, a dark red on a black background.

@ @ @ @ @

### Windows Key Shortcuts

You know that little key with the flying window on it located between the CTRL & ALT keys? That's your Windows key. Press it along with the keys listed below for all sorts of cool shortcuts:

M - Minimizes all windows

SHIFT - M - Undo minimize all windows

E - Opens Windows Explorer

D - Switches between minimizing all open programmes and showing them all.

F - Opens the Find Window

R - Opens the Run Window

BREAK / PAUSE- Opens System Properties

TAB - Cycles through items on the task bar

Or just press the Windows key by itself to open the Start menu.

Q:

How Do I Copy & Paste?

A:

Copying and pasting is easy. You can copy and paste just about anything - text, web pages, files, pictures, you name it. The idea behind the process is to take information from one place and deposit it into another.

For an example, let's pretend you're working in a word processor and need to copy and paste a section of your document into an e-mail.

Here's how:

1. First, you'll need to select the text you wish to copy. You do this by putting your mouse cursor at the first character you want to copy and, holding down the left mouse button, drag the cursor to the last character you need copied. As you drag, you'll notice everything gets highlighted (selected).

2. Next, right-click the selected area. Choose 'Copy' from the menu that pops up.

3. Finally, right-click the area in your e-mail document where you would like to insert the word processor text. Click Paste from the menu that pops up.

That's it. The steps are basically the same for any copy & paste procedure you need to do.

Eye halve a spelling chequer  
It came with my pea sea  
It plainly marques four my revue  
Miss steaks eye kin knot sea.

Eye strike a key and type a word  
And weight four it two say  
Weather eye am wrong oar write  
It shows me strait a weigh.

As soon as a mist ache is maid  
it nose bee fore two long  
And eye can put the error rite  
its rare lea ever wrong.

Eye have run this poem threw it  
I am shore your pleased two no  
Its letter perfect awl the weigh  
My chequer tolled me sew.





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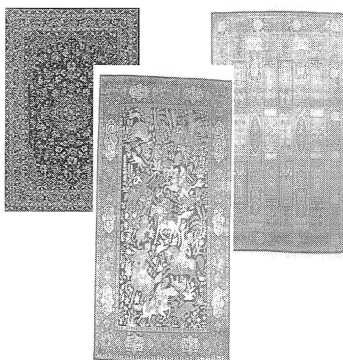
### Persons to be contacted:

Rakesh Gupta 9810014028

Rajesh Gupta 9810050020

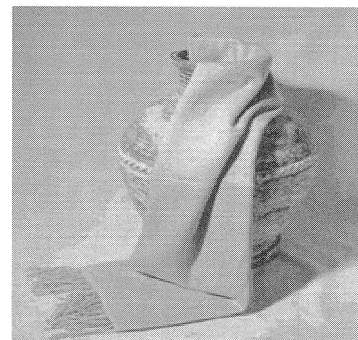
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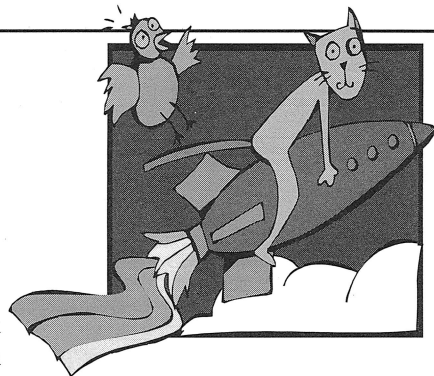
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## TEN NOT SO EASY STEPS FOR TAKING YOUR DOG OUT OF INDIA



1. Get a crate (kennel) several months before departure so your dog will get used to it. The dog must be able to walk into the crate easily and turn around. Some people have had trouble with the wooden crates made by packing companies here in India due to dogs licking the resin off the wood and getting violently ill so play it safe and get a 20th century crate (i.e. fiberglass). A few places in Delhi now sell them (including the pet shop at Khan Market and the one at GK I- M Block). Airlines require that crates have air ventilation on 3 sides besides the door.
2. Make sure your dog's vaccinations (rabies, coronavirus, distemper) are valid and dated 30 days before the date of the flight
3. Check to see if you need an importation license from the country you are going to. In our case, this involved numerous faxes to the Head Veterinary Officer in Trinidad.
4. Book your dog's place on the airline. Start early because some airlines (i.e.. United) require you to bring both dog and kennel to the airport for an airline inspection. United Airlines required us to bring both the dog and its kennel to the airport for measurement and then announced the kennel was not large enough! Ask them for the specifications beforehand! Different airlines seem to have different regulations. They may also ask for copies of the dog's vaccination certificate as well as a statement from your vet on his/her letterhead attesting that the dog belongs to you, is vaccinated and is fit to travel.
5. As soon as you have a reserved spot on a flight for your dog, make an appointment with the government quarantine veterinary officer to be held within 24 hours of the flight. He will require you to come to his office located at Kapasera with your dog and his crate. His office number is 55 -3272 but I found it impossible to reach him there. Try his residence phone numbers 712-0165 or 741-9067. Make this appointment well in advance as he may be on leave or it may be a holiday. If you have a large dog whose crate won't fit into your car, call on your travel agent or your movers to help by providing a van.
6. The vet officer will glance (maybe) at your pet, ask you about your dog's health, detoxify your crate and give you an export certificate for the dog. Take the crate home and rinse it thoroughly. The vet officer will tell you not to use it for 6 hours, as the stuff they use is highly toxic. If you're using a wooden crate, I am not sure how you could get rid of the toxins.
7. Consult your vet re food, water and sedation. Almost all vets I've consulted have advised against sedating your dog. I was told by the vet officer not to put a bowl of water in the crate as this will be removed as it usually spills all over the place. However, when I got to the airport, the cargo officials insisted I put a bowl in the crate. Luckily I had brought one along and we managed to wrap heavy-duty tape around the edge and fasten it to the inside of the crate.
8. The packers you use will assist you with the details at cargo on the day of the flight and you should ensure that someone from the company accompanies you. You will be asked to get your dog and crate to the cargo section about 2 hours before the flight time.
9. One last word of warning. At the cargo section of the airport, there are packs of street dogs roaming around. Be sure to take a leash, as you'll have to walk your dog between your car and inside the cargo area. Mine took off to chase them and left me flat on my face!
10. Kiss your dog goodbye (not literally) and head for the airport bar for a few drinks to stop worrying. Once on the flight, don't hesitate to ask a steward/ess to confirm that your dog is on the flight too - you don't want your dog to miss that flight!

### Afterward

My dog made it! It was a long 30-hour trip between New Delhi and Trinidad. We had a 5-hour wait in London where he was put into the airport quarantine station and where they watered, fed, walked and played with him. We couldn't get in to see him but talked to the attendant who was really supportive and assuaged our fears. Upon arrival in Trinidad, he jumped right into his crate, almost as good as new!

Kim Craig

*NB. Taken from a earlier edition  
Please check tel.nos*





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## SIVA AS THE LORD OF DANCE

(India, Tamil Nadu, about 950)

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30 x 22 1/2 x 7 in. (76.2 x 57.1 x 17.8 cm)

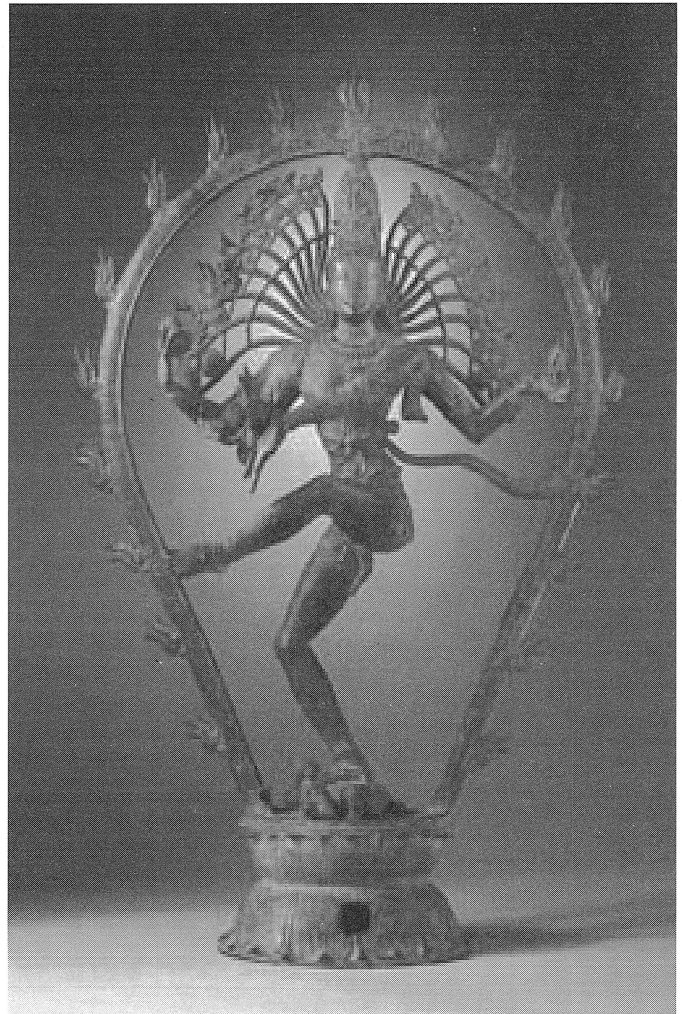
Given anonymously, M.75.1

Of the three gods of the Hindu trinity—Brahma the Creator, Vishnu the Preserver, and Siva the Destroyer and Restorer—Siva was especially popular and widely worshiped in southern India.

This

figure has an opening in its base that allowed it to be borne in religious processions, typically ornamented and draped.

In India the art of dance is not only regarded as a form of yoga but is associated with the very act of creation. As lord of yoga, Siva is also the source of the cosmic dance that created the universe in endless rhythmic cycles. The Tamil sculptors of the Chola dynasty (mid-ninth to early fourteenth centuries) realized Siva the Dancer in his most complete and graphic form (Nataraja), one which has become symbolic of Indian civilization.



Siva dances in an aureole of flame that rises from a lotus pedestal, symbol of primordial being and creation. The arched aureole and its three-tongued flames represent the universe and its ultimate destruction by fire. In his upper right hand Siva holds the drum representing the primordial sound at the creation of the universe; the second right hand makes a gesture of reassurance. His upper left hand holds the flame of destruction. The lower one points to his left foot, refuge of the soul, and shows the path of salvation through Siva's trampling of the demon that personifies ignorance.

Siva's body seems to rise and expand with his aureole. The force of his broad shoulders and proud countenance are echoed by the rhythmic explosion of his locks; among them the small figure of Ganges (left) represents the god's intimate connections with water, the force of life. Perfectly poised, this work manifests Siva's divine unity with compelling grace and majesty

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services and efficiency. He has also man-  
aged to get very good prices in the sale.  
Lars P Lundgren

"He did a thorough and efficient job and as  
things turned out, he was able to get more  
money for us than we could have done  
ourselves. Please feel free to use his  
services as we highly recommend him. If you  
would like to question me further, please write  
to me at

sharonb@poboxes.com"  
Sharon Bloyer, IT Manager, American  
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*Mobile: 98-100-59959*

*(timings : 10.30 a.m. Till 6.30 p.m.) Sunday Closed*

## **FOOD FOR THOUGHT**

### **Caramelized Baked Chicken**

"Roast chicken pieces with sticky, sweet and tangy coating." (Serves 6)

#### **Ingredients**

3 pounds chicken wings  
2 tablespoons olive oil  
1/2 cup soy sauce  
2 tablespoons ketchup  
1 cup honey  
1 clove garlic, minced  
1 pinch salt  
1 pinch ground black pepper

#### **Directions**

1. Preheat oven to 375 degrees F (190 degrees C).
2. Place chicken in a 9 x 13 inch baking dish. Mix the oil, soy sauce, ketchup, honey, garlic, salt and pepper, and pour over the chicken.
3. Bake at 375 degrees F (190 degrees C) for one hour or until sauce is caramelized.

\*\*\*\*\*

This quick and easy dip tastes great with raw vegetables, especially mushrooms. Use fat-free sour cream and mayonnaise if you want to cut down on calories.

### **Oriental-Style Dip**

(Serves 6 to 8 as an hors d'oeuvre.)

1 cup (250 ml) sour cream  
1/2 cup (125 ml) spring onions  
1/4 cup (60 ml) chopped parsley\*  
2 Tbs (30 ml) mayonnaise  
2 Tbs (30 ml) finely chopped fresh ginger  
2 Tbs (30 ml) finely chopped canned water chestnuts  
2 Tbs (30 ml) soy sauce

Combine all ingredients and mix well. Serve with raw vegetables.

### **Chicken Breast with Feta and Tomatoes**

#### **Ingredients**

6 Boneless, Skinless Chicken Breast, halved  
Garlic Powder to taste  
6 1/2 Cup Servings Bread Stuffing, prepared  
4 Plum Tomatoes, diced  
3-4 oz Feta Cheese, crumbled  
1 Med. Red Pepper, diced  
Salt and Pepper to taste

Prepare chicken breast halves by cutting horizontally to create a pocket. Sprinkle with garlic powder inside and out. Place a 1/2 cup of stuffing in each pocket. Broil until chicken is no longer pink, about 10 minutes on each side. In the meantime, mix together the last four ingredients, adding some garlic powder, if desired. After chicken is cooked through, add this mixture to the top of each breast and broil until heated and cheese is slightly melted. Serve with a salad and vegetable. Delicious and definitely not boring!

\*\*\*\*\*

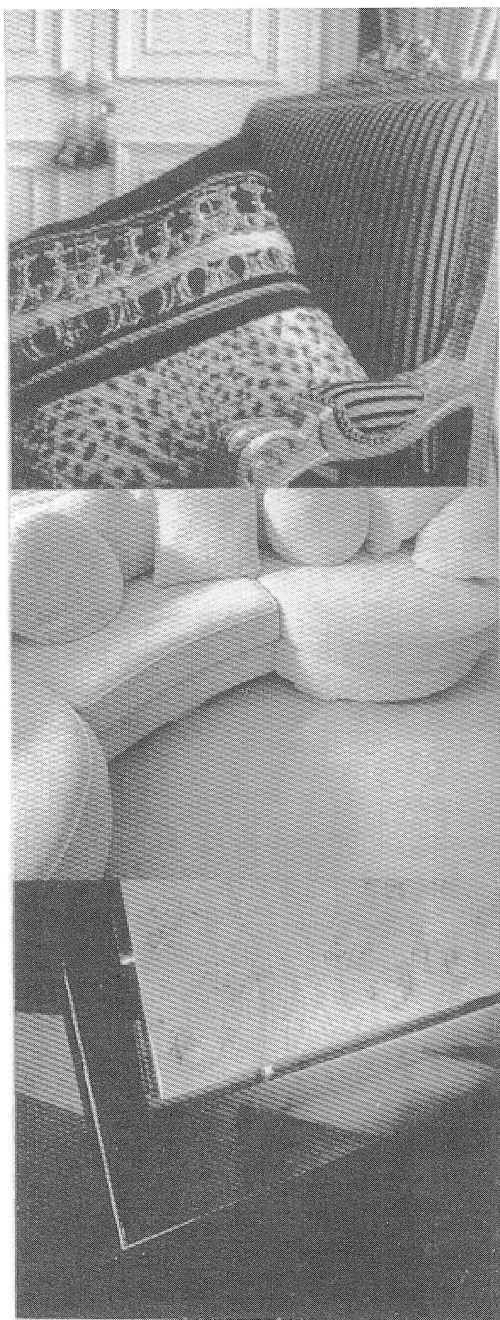
### **Quick Cabbage Soup**

(Serves 4 to 6.)

1 Tbs (15 ml) olive oil  
1 large onion, finely chopped  
1 small head green cabbage, cored and shredded  
4 cups (1 L) chicken, beef, or vegetable stock  
1/2 cup (125 ml) sour cream  
2 Tbs (30 ml) finely chopped parsley  
1 tsp (5 ml) caraway seeds

Heat the olive oil in a large pot over moderate heat and saute the onion until tender, about 5 minutes. Add the cabbage and stock and bring to a boil. Simmer covered for 10 minutes. Combine the sourcream, parsley, and caraway seeds. Serve the soup with a dollop of the sour cream mixture.





Inline is an international design company based in the UK , with offices newly opened in New Delhi. We have had many years of experience working with Indian manufacturers and now boast excellent facilities of our own and an extensive work force of trained and highly skilled craftsmen.

We undertake all levels of interior design related projects, from the design and manufacture of individual furniture pieces, soft furnishings and fabric related items, accessories, lighting, rugs, upholstery; right through to full turnkey projects for both domestic and commercial installations.

Our teams of carpenters, electricians, plumbers, masons, plasterers and painters are pleased to take on refurbishment projects, which will be executed proficiently and to a high standard of finish.

We manage full design packages for overseas projects and are currently working in the UK, Spain and the Middle East. In all of these projects we successfully incorporate products made in India, giving our clients the chance to enjoy the wonderful work still crafted in India, whilst realising budgetary demands.

Please contact us for a free initial consultation or for a brochure of our work on

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 Facsimile 618 8794  
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**in.line.**

**B6 / 62 Safdarjung Enclave New Delhi**  
**By appointment please**

## Chiselling history

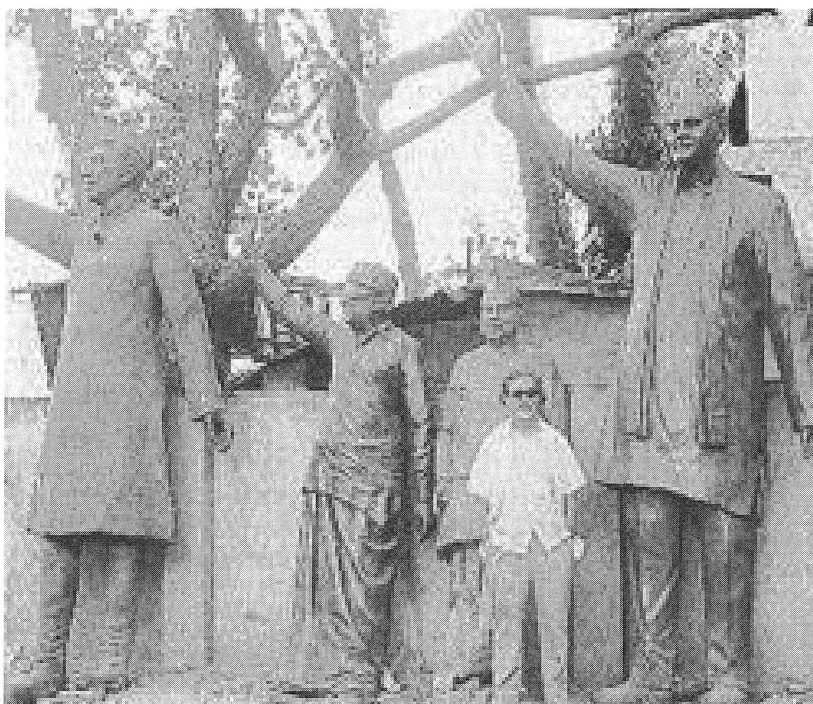
YOU COULD almost miss the board, which announces his studio, but once inside, you cannot miss the feeling that you have stepped back into a past, which will never die. It's a ramshackle room with a fine layer of dust coating everything in sight and it houses a pantheon of faces straight out of history books. Making their home here are Indira Gandhi

gazing as authoritatively as ever, Dr Ambedkar who looks as fresh as he must have on the day he presented our Constitution, Rajiv Gandhi seeming youthfully immortal, MGR resplendent in his cap and glasses. Keeping them company are hundreds of statues covering every political personality you could possibly think of, with a smattering of business barons and royalty completing the perfectly chiselled picture(s).

A birdlike man looks up from the bust he is giving shape to, plucks off a bit to explain that it is made of China clay which is "like butter but not really from China," and then reshapes the beak-like nose with a nonchalant twist of his fingers. This is Dr. Mani

Nagappa, sculptor of time, but with no time to retire, doing what he has been doing since he was 16.

Coming from a family of traditional shilpis, this "chip of the old block and pet son amongst five brothers" ended up being "forced to learn, through observation, what some are born to do and others achieve". Before him, his even more famous father Rao Bahadur MS Nagappa created everything from King George V to Lord Wellington for the British Raj and put Chennai on the map of hollow casting in bronze, an honour shared by "only one more man from the North whose name was Mhatre". It comes as no surprise that these artists are remembered only by their "sculptures which are forever", for, as Dr Nagappa explains, the Indian shilpis do not have their names on their creations ("A Rodin is remembered for his Thinker but does anyone know who crafted the exquisite Nataraja Swamy at Chidambaram or the fabulous carvings at Halebid and Belur?" he wonders). Sculpting, besides being predominantly solid in structure, was historically of a "monumental style" which meant reliance on "the imagination of the sculptor. For example, a handsome male with an aesthetic figure will become Rama in a particular pose, costume, jewellery and mudra with his bow and arrows or Muruga with the vel and so on."



Today, the emphasis is on natural rendition, aided by photographs from different angles. While "speed has shortened the world" and "some day we will just have to stand in front of a machine, put in a coin and a bust will fall out", Dr Nagappa labours over his unsigned masterpieces for over a month. The media has progressed from the original "marble, granite and metal" by adding "concrete and fibre glass" to a list which requires the sculptor to understand "the engineering necessary for moulting and carving" of the

Whole range of materials, which are cast from the clay model. He wishes the highest of government and business offices, who regularly commission his work, would tell him "you know best" but that's not how it works. Dr Nagappa originally envisioned the Jawaharlal Nehru he sculpted freeing a dove at the Kathipara Junction, as a relaxed peacemaker with his hands linked at his back!

Today, Dr Nagappa continues to sculpt heroes from history - some as small as they are lifelike, some much larger than the man who gives them life.

LALITHA SRIDHAR



## ANZA DELHI NETWORK FASHION MELA

Preparations for the Fashion Mela, which was held on 5 February at the Hyatt Regency Ballroom, began in October. ANZA, the Australia and New Zealand Association, approached Delhi Network to collaborate on a one-off fashion mela extravaganza charity fundraiser. Thankfully, Delhi Network agreed to participate and from there it all began...

Regular meetings were held to divvy up the tasks, models were found, the venue booked and before we knew it, things were underway. There was so much enthusiasm for the project that everything came together easily.

So to the day. It is always difficult to tell how an event is going when you are hands on behind the scenes.

Obviously the Hyatt Regency Ballroom is a great location to host an event and from our side things went smoothly. People started to arrive and were milling around looking at the vendors (hopefully picking up some lovely items). Next thing the Ballroom was full of people, the music started and from what we could hear; the amount of applause during the show was a great indication of its apparent success.

The kid's section of the show looked fabulous. Backstage was full of proud parents and others watching the little ones on the catwalk. They looked great. Planet Kids and Maharani, were the two designers shown in this section. Planet Kids covered the Western clothes and Maharani did a fabulous job of creating in miniature the variety of traditional Indian designs worn. . So much time and energy was put in by the kids, the parents, the clothes designers and the coordinator.

The women's section of the show featured a mixture of Indian, Western and Indo-western, showcasing Indian designers of all calibres. Rave, Anmol and Taaryan were featured in the first half of the show, with these designers presenting very wearable, affordable and stylish clothes for all markets. Rave captured the look of light-hearted summer fun, Anmol the simple elegant lines of casual into formal summer and Taaryan, the look of nets, brocades and tissue shown in traditional Indian styles and creative Western interpretations.

The second part of the show featured Suneet Verma, Bina Ramani, Malini Ramani and Ritu Beri. These four designers are all working internationally so it was wonderful for them to be included.

We were wanting to show how very traditional Indian clothes can look equally fabulous on non-Indian women, because when you see these designers' work it is usually on statuesque Indian models. So being able to see these designers firsthand on our own models was great.



Again, the models, the dressers, the designers and the coordinator all did more than a full day's work to bring the show to life.

Now that the glamorous part of the morning has been discussed, onto the real motivations behind the show. Every year ANZA donates money to a variety of charities and this event was ANZA's opportunity to raise funds for these donations. The charities that will receive money are the Arunodaya Charitable Trust (working to provide eye treatments, medicines, spectacles and corrective surgery), Project Aid (providing primary health care in slum areas in Delhi), SOS Children's Villages (NGO supporting 1,50,000 children), Karunai Illam Trust (orphanage based in Tamil Nadu and supporting 50 children) and UDAAN (a foundation for mentally and physically handicapped persons).

In addition, a whip-around was done on the day to raise funds for Gujarat earthquake relief. Thanks to everyone on the day who contributed to raise over Rs19,000. This money will be forwarded to the Kutch Mahila Vikas Sangatham (KMVS). The KMVS was established in 1989 as an independent women's organisation with a focus on building women's groups for rural women. The organisation has 4589 members organised into *mahila mandals* (women's groups) in 129 villages. These *mandals* address issues such as availability of drinking water, watershed management, land development, health, production and marketing of handicrafts, education for adolescent girls and violence against women.

KMVS is currently very active in coordinating the post-earthquake emergency relief along with other local NGOs based in Bhuj and is ideally placed to channel any donations directly to those in most need. KMVS is registered under the Society Registration Act. Email [kmvs@india.com](mailto:kmvs@india.com)

ANZA is very pleased to have worked with Delhi Network to organise such a successful day. In particular we would like to thank members of Delhi Network for their enthusiasm, initiative and desire to work together to assist with ANZA's fundraising activities.

CHRISTINE EVANS

# SPORTS



## Delhi Hash House Harriers

Regular runs on Monday evenings and Saturday afternoons. Family runs on some Sundays. Call the Community Liaison Officer (CLO) at the British High Commission on 687-2161



## Ballooning

Ballooning Club of India, 8B Bahadur Shah Zafar Marg, 331-7977.



## Bowling

Facilities at Qutab Hotel, Little Paradise (12/7 Mathura Road, Faridabad), Bawa Sports Complex (Kishangarh, Mehrauli), Leisure Bowl (Aruna Asaf

Ali Marg, Vasant Kunj); and First Bowl at 32<sup>nd</sup> Milestone Complex (Delhi-Jaipur Bypass, Gurgaon).

**Delhi Tourism (3314229) provides facilities for:**



## Cycle Tours

Amar Jeet Singh 336-5358, 336-3607  
Adventure Tourism



## Pedal Boating

Old Fort moat, India Gate moat 9 am to 6 pm. Rs. 40 per half-hour.

**(Rock climbing— September to December)**



## Martial Arts

Choi Kwang Do / Tae-kwon-Do  
Martial Arts Instructor  
Amit Bhargava  
Tel: 6495322  
Pager: 9632112440  
Mobile: 9810248875



## Shooting

Dr Karni Singh Shooting Range, Surajkund Road, Tel: 698-6802



## Football

Various embassies have joined together to form a soccer competition. Contact your Embassies for details.



## Gliding

Daily rides from 1 pm til sunset every day except Wednesdays. At Delhi Gliding Club, Safdarjung Airport (phone 463-8052). Cost of flight per person Rs.75.



## Golf

Delhi Golf Club  
Dr Zakir Hussain Marg, tel. 436-2768 or 436-2235



## Polo

Army Polo & Riding Club, Tel: 569-9444/555  
The Indian Polo Association,  
Tel: 301-5604  
Polo Season: October-February



## Ladies Open Tennis at AES

Every Tuesday and Thursday morning from 8.30-11.30 at the American Embassy clay courts (entry Gate 3). No need to call first. If you know how to play, just turn up with your racket, ready to enjoy the game and the company. Players at all levels (other than absolute beginners) are most welcome. Lessons for beginners are available through the DLTA (details given below). Get started and then come along too!  
Delhi Lawn Tennis Association, Africa Avenue, Telephone 617-6140 or 619-3955



## Sailing

Defence Services Sailing Club,  
Tel: 301-9604

Help us keep the Newsletter up to date. Let us know if you discover any new activities to add or items to change if they are out of date. Drop your comments off at the Delhi Network Office or call one of the Editors.

# FROGWART AND THE TOOTH FAIRIES

## A Bed-Time Story

ONCE UPON A TIME, on the Island of Meddybemps, all of the people wore their hair in elaborate fashions that were truly amazing to see. Photographs taken in those days show tall, poofy styles and short spikey styles. There were nine-foot braids and teensy curls and... Well, as you can see in these pictures, despite all their efforts to look wonderful, everyone was grumpy. They were grumpy because they didn't sleep well. To keep their hair looking good, they made themselves lie very still when they slept, and that was hard to do. So every morning they woke up tired and they looked, and were, grumpy. They complained to the Mayor but he couldn't help them. They wrote to the Queen but she was too tired to think. What were people to do?



*The Dentist*

One citizen of Meddybemps who didn't share this hairdo and sleep problem was Doctor Pickering, the dentist. He had no hair and so he slept very well, thank you. He also did his job very well and took such good care of everyone's teeth that no one got any cavities and no one's

grown-up teeth ever fell out. But he was sad, too. Since everyone was grumpy, no one smiled and Doctor Pickering couldn't see all the pretty teeth he cared for. Even the Tooth Fairies were unhappy. Since everyone now had healthy teeth, all they ever found under pillows anymore was an occasional baby tooth. This was not good. If there were no teeth to collect, they would have to find other jobs. They couldn't be Tooth Fairies anymore. So they were grumpy, too.

And so it went until the night Grizundle, one of the older Tooth Fairies reached under a fisherman's pillow and was nearly crushed when he began to flop around in his sleep like a big tuna fish and smashed an arm down on top of her. She wriggled free and fluttered back to the middle of the forest where the Tooth Fairies met each night to count the teeth they collected. "I think I'll retire now," she told Fiona, the Tooth Fairy Superior. "I've collected a lot of teeth over the years and I'm pretty well worn out. That man could have squished me like a bug. This is a job for younger fairies." Fiona was glad that Grizundle was not seriously hurt but she was not happy about having to find and train someone new. The next morning, she placed an ad in the Meddybemps Fun Times newspaper.

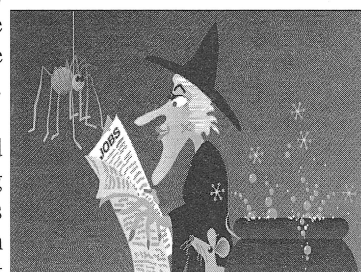
"Wanted," it said, "Tooth Fairy Trainee. Must be quiet, quick, and strong. This job can be dangerous. The length of employment is uncertain. Apply at midnight at the toadstool ring in the middle of the Valley Woods. Ask for Fiona."



MOST OF THE PEOPLE on Meddybemps read the Fun Times, but only one was interested in the Tooth Fairy job. It was someone who loved to work at night. "Leapin' Newts!" she cackled. "I've always wanted to be a Toot Fairy. This is going to be so much fun!" Frogwart Witchet was about to make some mischief that evening after the other Tooth Fairies had flown off to look under all the pillows on Meddybemps, Fiona sat on a toadstool in the moonlight and waited. She mumbled to herself, "No one in her right mind would apply for this job."

Out of the darkness, a sweet little voice said, "Oh, I've wanted to be a Tooth Fairy since I was a tiny girl. I'll work hard. You'll see. I'll be the best Tooth Fairy there ever was! My name is Frog-... Frogetta. Please call me Froggie. "Come into the light, my dear," said Fiona. "Let me see you."

Frogwart had disguised herself to look like a young teenage girl. "She's frightfully big for a Tooth Fairy," thought Fiona, "but she might be less likely to be crushed by fishermen who flop around like tunas."



They talked for a while. Fiona learned what she could about Froggie. There was something a little odd about her, but she was very eager and Fiona was desperate. When the other fairies returned, Fiona introduced them to Froggie, the new Tooth Fairy Trainee. Froggie curtsied politely and giggle. Every night for five nights, Froggie went out with a different Fairy to help collect teeth and learn how to do her job. A Fairy named Marigold taught her how to slip into a house so quietly that even the mice didn't know they were there. "This is easy!," Frogwart thought to herself. "You must also remember the first rule of Tooth Fairies," said

Marigold. "Don't touch anyone's hair." Bibi showed her how to raise pillows ever so gently to look underneath. "Don't touch anyone's hair," she reminded Froggie.

"No, ma'am," said Frogwart but she thought it might be fun to fiddle with some of the fancy hairdos she had seen. Ambrosia was especially good at identifying different kinds of teeth and deciding how much money should be left. She knew them all: bicuspid, molars, canines and incisors. "Now this is a waste of time!," said Frogwart to herself. "Don't forget," said Ambrosia, "don't touch anyone's hair."

Celeste showed Froggie how to hop around like an acrobat to keep from being clobbered when people moved around in their sleep. "Mmm. I'm a little old for this", thought Frogwart. Celeste added, "Remember, don't touch anyone's hair!". Frogwart groaned, "Not again!"

Tina warned her about other dangers: children who stay awake and try to catch Tooth Fairies, and certain dogs and cats who might bite her if they could. "And don't forget...", Frogwart helped Tina finish the irritating rule, "Don't touch anyone's hair!"



FINALLY, ON THE SIXTH NIGHT, Froggie was ready to collect teeth all by herself. Fiona told her which houses to visit and then said, "Be quiet. Be careful. Watch out for restless sleepers, children who Pretend to be asleep, all dogs and cats, and don't touch anyone's hair! People are grumpy enough as it is. We mustn't make things worse." Frogwart nodded her head in agreement and tried to make a serious face.

Inside, she was already making plans for an evening of mischief. At the first house, she slipped into the kitchen and looked around until she found some pots and pans. She stacked them in a neat little pile on a table and then slowly pushed them over the edge.

BANG! CLANG! DING! BING! BIPPITY-PLINK! They made a delicious noise and scared everyone so badly that their hair stood straight up. Frogwart stared at their hair and smiled from ear to ear. "Oops!", she said, "Gotta go," and she simply vanished.



At the next house, Frogwart found the aging but fashionable Schnoodle sisters, Hattie, Mattie, and Bossie. Each was fast asleep with her hair neatly arranged, each snoring in her own special way. Frogwart, with a big grin on her face, fiddled with their hair. She undid and redid. She tied knots and made spikes and arranged the most frightful messes. Then she tiptoed away. As she went from house to house, Frogwart forgot about looking for teeth and concentrated on rearranging hair instead. "I should have been a hairdresser," she laughed. "I'm so goood!"

Soon it was time to meet with all the other Tooth Fairies to count teeth. One by one, they dumped their little bags of teeth until it was Froggie's turn. "I found no teeth," she smiled, "but I had a great time doing people's hair!" "You did what, Froggie?" gasped Fiona. The Tooth Fairy Superior turned white as a ghost.

"Sorry. Couldn't help myself. You silly geese need to give up all this Tooth Fairy business, anyway. Nobody needs you anymore. And my name isn't Froggie." She threw off her disguise and laughed her wicked laugh. "It's Frogwart!" She laughed again and vanished in a puff of smoke and sparkles.

The Tooth Fairies were speechless. Nobody made a sound. Then they began to hear the howling and shouting and dogs barking. All kinds of pitiful sounds were coming from the houses Frogwart had visited. The Tooth Fairies peeked in windows to see what was happening. At the first house, the people whose hair stood on end were staring at each other with their mouths wide open. At the Schnoodle house, Hattie, Mattie and Bossie were in tears. They held boxes of tissues to dry their tears and blow their noses. And so it was with all the other houses. People stared and pointed and fussed and sobbed. The Tooth Fairies were so upset, they all went home and cried. Surely, the Queen would punish them for this terrible incident. She would probably make them move away from Meddybemps the very next day. Frogwart had played a cruel trick on them.

THEN, IN ONE OF THE HOUSES, someone giggled. Somebody else snickered. People began to laugh at each other's hair. And they laughed at themselves too. They all looked pretty silly, after all. The Schnoodle sisters, who are the kind of women who like to "get things done", went to see the Queen. The Queen listened to them and then ordered the Tooth Fairies to come to the castle. Frogwart came too, but she had turned herself into a frog and hid under a table to watch. The Queen was not smiling. She looked at the Tooth Fairy Superior. "Which of your Fairies went from house to house messing up people's hair last night, Fiona?" "It was a trainee, your Highness. She's no longer with..." "What is her name, Fiona?", insisted the Queen. "Frogwart, your Highness." "Frogwart Witchet was training to be a Tooth Fairy?" The Queen laughed. "Bring her to me!" "Oh, yum!" thought Frogwart. "I've even got Her Royal Fancyness in a flutter. This is fun!" She hopped out from under the table and changed back into her normal self with a showy POOF! "Here I am, your Majesty. Yes, I had a little fun and made people

mad at the Tooth Fairies. But who cares? Who'll miss them when you send them away? You should thank me. "Actually, Frogwart, I'm going to give you a gold medal, but not what you think you've done." Frogwart and the Tooth Fairies looked confused. "Everyone Frogwart visited last night is surprisingly cheerful today," said the Queen. "When they got over the shock of seeing the frightful mess she made of their hair, they all had a good laugh. Since you Tooth Fairies go to every house every night anyway, I command you to fiddle with people's hair while they sleep from this night forward!" Frogwart and the Tooth Fairies were stunned. "This will give people something to laugh about each morning. And, if they know their hair will be messy in the morning no matter what they do to protect it during the night, they will relax and sleep better and feel rested when they get up. They won't be grumpy because of their silly hairdos anymore." She smiled. "And neither will I." The Queen rose and held up the Royal Meddybemps Gold Medal for Good Deeds. "So, Frogwart, while you tried to play one of your tricks on the Tooth Fairies, you have actually done a great service to the people of Meddybemps. Your 'punishment' will be to wear this medal every day for a year. Everyone who sees you will know that you did something good for them, and when you look in the mirror, you will be reminded that you can do good deeds." Frogwart blushed. The Queen turned to the Tooth Fairies. "I think you need not worry about your jobs any longer. As long as people have teeth and hair, we'll need Tooth Fairies." The Queen winked at Marigold and added, "When you come to the castle, be creative!" So now you know why it is that when you wake up each morning it looks like someone fiddled with your hair during the night.



*The Queen*

Someone did and she was

**The Tooth Fairy!**



*The End (until tonight)*

## Additions and Amendments for the Directory:

### Additions:

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Norwegian  
G1 Golf Links  
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Ethiopian  
C/- UNICEF Lodi Estate 73, 110003  
Tel: 469 7367, 98 101 83741 Email: btassew@unicef.org

Von Schoenfeldt, Angelika & Hubertus von Schoenfeldt  
German Embassy  
SSIA Ave., West End Greens, 110038  
Tel; 506 2941, 98 103 02547

Von Welck, Sibylle & Hubertus  
Friedr Naumann Foundation  
German  
43 Paschimi Marg - rear, Vasant Vihar, 110057  
Tel: 615 1901

Wachter, Juergen & Karin  
Dywidag  
German  
Email: j.wachter@gmx.net

Went, Claire & James  
Australian High Commission  
Australian  
1506 Shanti Path, Chanakyapuri, 110021  
Tel: 688 8223, 98 101 31651  
Email: jcwent@del6.vsnl.net.in

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### **Amendments**

Kate Schaller,  
Tel: 464 5154  
Longworth, Anita & David  
D919 new Friends Colony, 110065  
Tel: 693 2540, 98 112 03987

Please advise us if there are any changes or amendments to be made to name, address, telephone number etc.



# SERVICES

## ANIMAL SHELTER/VETERINARY HOSPITAL

Jeevashram provides programs to control stray animals, a hospital, operating theatre, mobile dispensary, private boarding. Contact **Angela Garnett** for more information on 556-3696 or 556-4114

## CHICKEN

**MESH** - Maximizing Employment to Serve the Handicapped is an organisation responsible for marketing products made by disabled people in India. MESH can deliver fresh chickens to your home. Especially good for roasting, the chickens are raised in animal friendly conditions to International standards. For more details, or to place an order call 696-5039 or 656-8048

## DOMESTIC STAFF REGISTRY

Located in the American Embassy compound, Gate D. It is a source in New Delhi to help find household staff, which has experience in foreign households; open to those holding a foreign passport. You can come by:

- for interviews : Wednesday and Friday 9.30 to 12.00 noon (last interview at 11.45 am)
- for registration : Thursday 9.30 to 12.00 noon (last documents accepted at 10.30 am).

Call for further details or with questions on 419-8000, ext. 413. Need help writing a reference letter come see us too. We're also looking for expat volunteers to staff the Registry who have had experience with staff themselves and can give good advice.

## FOOD AND DRINK

**Kingsbarn** is a leading name in the UK for exports of top quality goods and services to embassies and expatriates. For further details, contact Kingsbarn at 649-7025.

## FURNITURE

Visit Fusion Design Pvt. Ltd.'s showroom at V 39/24 DLF, Phase III, Gurgaon, Haryana. Please call for an appointment or a visit to your home or office. Fusion Design specializes in traditional and modern European furniture designs in sofas, chairs, dining tables and chairs, beds, mattresses, cabinets, desks and so on. Special orders will also be undertaken at your request. Call Rhonda Williams on 9810194512 or email fusion\_design@compuserve.com for an appointment.

## HERBALIFE

**Good health through intelligent nutrition.** Herbalife has combined the best of nature and science to create exclusive products to enhance your nutritional fitness, vitality and well-being. Lose or gain weight safely, or just increase your vitality. Phone **Sue Lohage** on 6223344 ext 411 or 98 101 67417

## JEWELLERY

**Risham Chawla** makes unique jewellery either to your design or hers with semiprecious stones, glass, ceramic and silver beads and finished with good quality fittings. Call Risham for details at 649-7025.

## MASSEUSE

**Laxmi** has been massaging diplomats and expatriate couples in their homes for some years. Call 6671009

## PET CLINIC

5:00-7:00 pm, 2nd Sunday of every month. Local veterinarians are available for check-ups and vaccinations at the Domestic Help Registry at the American Embassy Compound, Gate D. Open to all expats in Delhi. Contact Karen Wald at 419-8331 (O) and 614-3719 (H) and Judy Nay on 461-1911. Some pet items are available.

## PHYSIOTHERAPIST

**LING MING GAO** Physiotherapist and certified medical masseur specializing in Traditional Chinese medicines.

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## TRAVEL

**INDIAGO** Your own European Travel Operator in New Delhi. Indiago is run by British ex-pat Mrs Lesley Marsh .

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**New Delhi-110001**